

## Lent 2022

Catholic Church of the Resurrection 5475 Newberry Avenue  
(An invitation to Prayer)

To assist you in entering into the Lenten spirit of prayer, fasting and almsgiving, the hallmarks of the season of Lent, we invite you to join us on Wednesday nights for Mass at 6:00 p.m. and on Friday nights for the Stations of the Cross with Benediction at 5:40 p.m.

Note: No Lenten Fish Fry this year due to Covid-19

† **Ash Wednesday, March 2nd**

8:30 a.m., 12:00 Noon, 6:00 p.m. & 7:30 p.m. (Spanish) Mass

† **FIRST FRIDAY, ADORATION March 4th 9 am - 4pm**

Friday, March 4, First Friday Mass 4:00 p.m.  
\*\*\* + Stations of the Cross 5:00 p.m.

Wednesday, March 9 Lenten Mass 6:00 p.m.

Friday, March 11 + Stations of the Cross 5:30 p.m.

Wednesday, March 16 Lenten Mass 6:00 p.m.

Friday March 18 + Stations of the Cross 5:30 p.m.

† **LENTE PENANCE SERVICE, Monday, March 21, 6:00 PM**

Wednesday, March 23 Lenten Mass 6:00 p.m.

Friday March 25 + Stations of the Cross 5:30 p.m.

Wednesday, March 30 Lenten Mass 6:00 p.m.

† **FIRST FRIDAY, ADORATION April 1 9 am - 4pm**

Friday, April 1st First Friday Mass 4:00 p.m.  
\*\*\* + Stations of the Cross 5:00 p.m.

Wednesday, April 6 Lenten Mass 6:00 p.m.

Friday April 8 + Stations of the Cross 5:30 p.m.

**SUNDAY, APRIL 10TH \* PALM SUNDAY\***

Tuesday, April 12 † Holy Week Chrism Mass  
(Cathedral) 7:00 p.m.

Wednesday, April 13 Lenten Mass 8:30 a.m. (only)



## † The Sacred Triduum 2022

On the evening of Holy Thursday, Lent comes to an end, and we will enter into The "Three Days" that are the center of the year:

(Holy Thursday, Good Friday & Holy Saturday)

**Holy Thursday, April 14**

Mass of the Lord's Supper

6:00 p.m.

On this special night we commemorate the Institution of the Eucharist and are reminded through the *Washing of the Feet*, that all are called to ministry.

**Good Friday, April 15**

*Celebration of the Lord's Passion*

3:00 p.m. (Sanctuary) & 6:00 p.m. (Spanish)

As a parish community we will gather to celebrate the sacredness of this day. This service includes the reading of the Passion, the Veneration of the Cross and the distribution of Communion.

**\*Easter Vigil Mass, Saturday, April 16**

*Night Watch of the Resurrection*

8:00 p.m. (Bilingual)

Many Catholics have never witnessed this most *Important* service of the Church year. Come be with us, as we celebrate Baptism, Confirmation, and First Eucharist with those adults and children who are joining the Catholic Church.

*Alleluia! Alleluia! Easter Sunday,*

*April 17, 2021*

*The Resurrection of the Lord*  
Masses: 10:00 a.m. and Noon (Spanish)



## **LENTEN REGULATIONS**

### **FAST & ABSTINENCE**

*All members of the Christian Faithful are bound to do penance. Penitential days are prescribed in which the faithful, in a special way, PRAY, exercise works of PIETY and CHARITY, and DENY themselves by fulfilling their responsibilities more faithfully by observing FAST AND ABSTINENCE.*

- FAST (ages 18 to 59): Only one full meal a day.  
*(Limiting oneself to one full meal or two lighter meals)*
- ABSTINENCE (ages 14 & older)
- ASH WEDNESDAY & GOOD FRIDAY - Days of Fast and Abstinence (meat or meat products not allowed)
- FRIDAYS OF LENT - Days of Abstinence (meat or meat products not allowed)

*Of course illness releases one from these obligations, but the faithful should undertake additional works of piety, charity, and/or prayer.*